

# THE PROVIDER

**Newsletter**  
Summer Edition 2014

www.wsfcca.com  
wsfcca14@gmail.com

July 2014

## A Word From Your President, *Christine Price*

**D**ear Provider,

I am so excited for the opportunity to share licensed family childcare news updates with you since the last newsletter. The WSFCCA quarterly Board of Directors meeting was held in Richland on June 28<sup>th</sup>. The Benton-Franklin chapter really did a great job hosting the meeting. The drive was a little long, but worth it. It really makes me appreciate the three times a year that providers from Eastern Washington come over and participate on the Westside of the Cascades. It was great to see State Representatives from various chapters. We discussed many topics and concerns that impact licensed family home childcare and licensees. The biggest topics were regarding the upcoming legislative agenda and policy items.

The WSFCCA Conference work is in full swing to present a great training and networking experience for participants on October 4th. If you haven't already received the brochure, we will be sending it out again in a few days to all childcare providers in Washington State. The brochure has been revamped and looks really good.

I'm really excited to attend more presentations by Jeff A Johnson. I attended one of his trainings few years ago and was really impressed with his energy as a keynote speaker. I have talked to various people who have also attended his trainings. They all state that we should come away with some great ideas to implement into our childcare programs.

I Hope everyone is having a great summer and look forward to seeing everyone on October 4th, 2014 in Renton for the Bi-Annual Conference.

Sincerely,

*Christine Price*  
WSFCCA President

### Inside this issue:

<i>Public Policy</i> By Lorri Hope	2
<i>September State Meeting</i>	3
<i>WSFCCA 2014 Biennial Conference Brochure</i> with Jeff A. Johnson	4-5
<i>WSFCCA 2014 Biennial REGISTRATION FORM</i>	6
<i>Silent Auction and Balloon Bust Invitation</i>	7
<i>Summer Activities for Kids with ADHD</i>	7
<i>WSFCCA Membership Application</i>	8-9

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## WSFCCA Executive Board



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**Lorri Hope, Treasurer**  
509-627-1692  
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### Dates to Remember

September 20, 2014  
WSFCCA State Meeting  
in Renton, WA

October 4, 2014  
2014 Biennial Conference  
Featuring Jeff A Johnson

## Public Policy *by Lorri Hope*

It is Communication Time – The WA 2013-2014 Legislative Supplemental Budget (Short) Session is over. Now, planning the next Legislative Biennium Budget (Long) Session conversation is underway. The long session in the legislature is when change is most often considered, as a new State Budget is agreed upon. This allows opportunities to introduce new bills and to allocate funding for identified needs.

The WSFCCA Public Policy Committee would like to encourage conversations about what family-home providers need, feel, and hope. One of the biggest policy conversations, if not the biggest, is how to address the education of our children. This conversation involves and affects family-home childcare. For example, see: Early Learning Action Alliance: 2014 legislative agenda “High quality early learning lays a foundation for a strong future. But too many young children don’t get a chance to build the fundamental brain architecture that allows them to thrive in school and in life.

Convened by the Children's Alliance, members of the Early Learning Action Alliance (ELAA) are united by the belief that all children in Washington State deserve to have the opportunities and support they need in their first five years of life to be prepared for school and a bright future (Children’s Alliance, 2014).”

Are you curious about how these conversations will affect you? A few sources for information include:

- In Washington State: Children’s Alliance at <http://www.childrensalliance.org> and ELAA
- <http://delconnect.blogspot.com>, <http://www.wsfcca.com>, our Facebook page, Washington State Family Child Care Association 2013, and the WSFCCA chat group, [wsfccassociation@yahoogroups.com](mailto:wsfccassociation@yahoogroups.com)
- Nationally: The U.S. Department of Education – Early Learning <http://www.ed.gov/early-learning> , National Association for Family Child Care <http://www.nafcc.org/> and the National Institute for Early Education Research <http://nieer.org>

What is your favorite link and source of information?

Please call Sue Winn (360-419-0655) or Lorri Hope (509-627-1692). We would love to chat about your thoughts and concerns. We continue to work hard to have a family-home childcare voice in these conversations and we need your input. Or, feel free to branch on your own and contact your legislator.

Follow us on 

**PLEASE LIKE US ON FACEBOOK**

<https://www.facebook.com/WashingtonFamilyChildCareAssociation2013>



## Board of Director September 20, 2014 Meeting

The next WSFCCA Board of Director's State Meeting will be hosted by the SW King Chapter in Renton, WA on September 20, 2014.

8:30 AM—Continental Breakfast

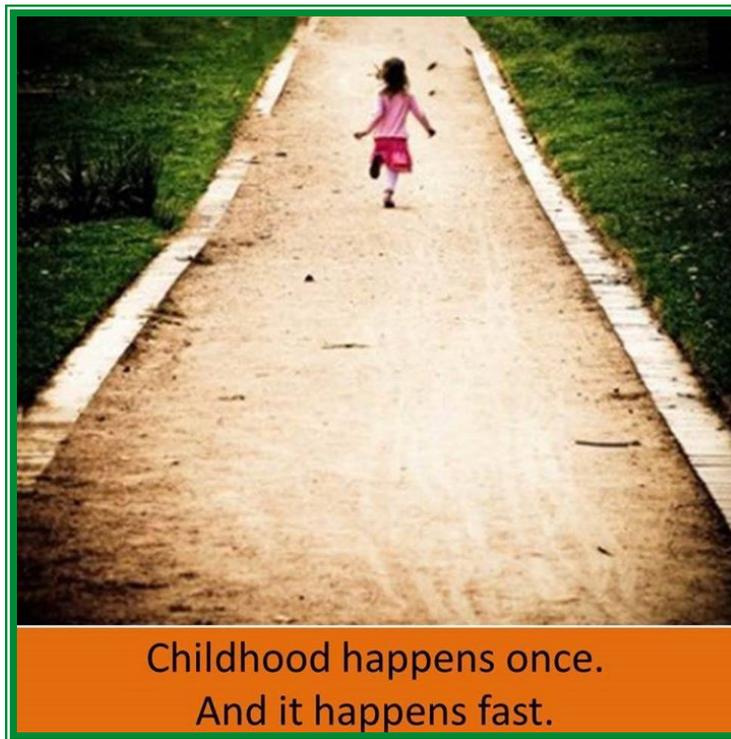
9:00 AM—Meeting Begins

12:00 PM—Lunch

Cost \$10.00 which includes breakfast and lunch

Contact Pam Carino for more information.

p.carino@comcast.net



Childhood happens once.  
And it happens fast.

In our fast paced world, children are rushed not only from one activity to the next, they are rushed from one developmental stage to the next in a zealous drive to 'prepare' them for school. In the minds of many 'educators' getting ready to be five is more important than actually being three. Three-year-olds should be allowed to be three-year-olds instead of pressured to act and think like five-year-olds. Rushing kids through childhood is not only developmentally inappropriate, it unethical and immoral. (Photo by Nina Matthews Photography via Flickr)

**EXPLORATIONS**  
Early Learning



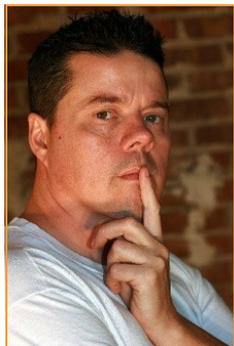
## WSFCCA 2014 BIENNIAL CONFERENCE

October 4, 2014

*Presents*

**JEFF A. JOHNSON**

**EXPLORATIONS**  
Early Learning



Jeff A. Johnson opened Explorations Early Learning, a family child care program, in 2003 with his wife, Tasha, after spending 16 years directing a child care center and community center for a large non-profit agency.

Their program focused on emergent learning in a play-based and child-centered environment. According to Jeff, "The best thing about our program is that our days are full of laughs, conversation, play, exploration, discoveries, and fun. We enjoyed creating an environment conducive to 'light bulb moments'—those moments where kids grasp new ideas." Jeff and Tasha kept their program small to accommodate Jeff's writing and speaking schedule. His audience, as a writer and speaker, is the hard-working caregivers dedicated to doing right by children: early care and education professionals, teachers, and parents.

On August 14, 2013, they closed their family child care program and retired to pursue their hobbies: writing books, speaking at early learning events, making toys, recording podcasts, and advocating for child-led play and caregiver self-care. Luckily, these hobbies have become full-time jobs.

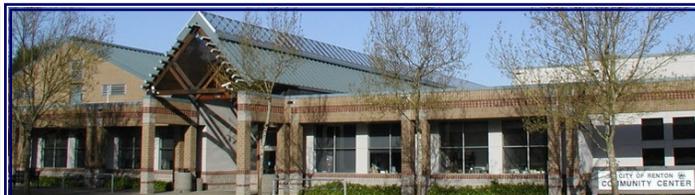
Jeff presents at early learning conferences all over the United States and Canada and has even keynoted an international conference in Cork, Ireland. Learn more about his presentations [here](#).

Jeff is the author of nine books and always has a new book in the works:

- Do -it-Yourself Early Learning (Redleaf Press, 2006)
- Finding Your Smile Again (Redleaf Press, 2007)
- Everyday Early Learning (Redleaf Press, 2008)
- Babies in the Rain (Redleaf Press, 2009)
- Keeping Your Smile (Redleaf Press, 2010)
- Let Them Play: An Early Learning (Un) Curriculum (Redleaf Press, 2012)
- Let's Play: (Un)Curriculum Early Learning Adventures (Redleaf Press 2013)

### Location of Venue

**Renton Carco Theater and Community Center**  
1715 SE Maple Valley Hwy  
Renton, WA 98057



## Conference Sessions and Topics

### 8:00 – 9:30 SESSION ONE 1.5 HOURS *Baby steps Making Mindful Change*

Change--in your work life or home life--is hard and stressful. This session looks at mindful ways to make mindful change. \***Professionalism**

### 10:30 – 12:00 SESSION TWO 1.5 HOURS *Embracing Un-planning*

Much of the time, preparing lesson plans for young children ends up being an exercise in busywork: you invest a lot of time in preparing and planning and then the kids end up having little interest in your plans. The solution: Un-Plan. Replace your rigid lesson plans with a flexible planning mindset that trusts children as learners and allows you to follow their lead. \***Learning Environment and Curriculum**

### 1:30– 3:30 SESSION THREE 2 HOURS *Creating Engaging Play Spaces*

Play-based learning works best when the environment is thoughtfully designed for safety, novelty, and engagement. This session will help you become an Experience Architect and offer tips for building engaging environments that promote play and learning. \***Learning Environment and Curriculum**

### 4:00 – 5:00 SESSION FOUR 1 HOURS *Attack of The Snortepillars*

Maintaining strong relationships with the children is the cornerstone of any quality childcare environment, but such relationships are hard work when times are good and downright difficult when you are being attacked by snortepillars. This session looks at the significance of child-caregiver relationships in building age-appropriate early learning environments and how provider stress and burnout can impact those relationships. Getting in tune with children is often physically, emotionally, and mentally demanding; doing it day in and day out can be exhausting, stressful, and monotonous. Providers will leave this session with useful tools for dealing with their stress, validation as early care and education professionals, and a smile on their faces. \***Learning Environments and Curriculum**

## SCHEDULE OF EVENTS



### Buffet Lunch

Catering by "Flirtin With Smoke BBQ"

- Pulled Pork Smoked
- Chicken Casserole
- Pasta with Bacon
- Coleslaw, Caesar Salad, Rolls, Dessert, Coffee,

7:15 AM — 7:50 AM	REGISTRATION Coffee, Muffins, Drop Off Auction Items
7:30 AM — 8:00 AM	First Chance to Purchase Balloon Bust
7:50 AM — 8:00 AM	Welcome
8:00 AM — 9:30 AM	SESSION ONE— <i>Baby Steps Making Mindful Change</i>
9:30 AM — 10:30 AM	Break, Vendor Shopping, Auction Bidding
10:30 AM — 12:00 PM	SESSION TWO— <i>Embracing Un-Planning</i>
12:00 PM — 1:30 PM	Buffet Lunch, Balloon Bust, Silent Auction Vendor Shopping in Gym
1:30 PM — 3:30 PM	SESSION THREE— <i>Engaging Play Spaces</i>
3:30 PM — 4:00 PM	Break and Close of Silent Auction
4:00 PM — 5:00 PM	SESSION FOUR— <i>Attack of the Snortepillars</i>

## WSFCCA 2014 BIENNIAL CONFERENCE REGISTRATION

- **Early Bird \$68.00** per Attendee
- After September 14 Registration Cost is \$80.00 per Attendee
- Group Rate of 6 or More Paying with One Check— \$60.00 per Attendee

Please Print One Form Per Person—All Information is Required

Last Name \_\_\_\_\_ First Name \_\_\_\_\_  
(Registered in MERIT)

Title \_\_\_\_\_ Facility \_\_\_\_\_  
(Provider, Ass't, Preschool, Parent, Other)

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_ Ck # \_\_\_\_\_

### RECEIPTS WILL BE EMAILED AND SERVE AS YOUR CONFIRMATION

If you are a Center or a group, and are submitting one check for the Conference, we will need to have the above information for each member attending. Please note one receipt will be issued per payment/check.

If paying with Visa credit card please contact Lorri Hope at 509-627-1692 for processing.

**STARS Participants** will earn 6 hours of MERIT/ STARS Training, two chances at our balloon bust, a silent auction and vendors. In order to receive credit, you must provide your STARS number and sign the conference attendance form. If you forget to register with your STARS number please bring it with you to the conference. Questions can be answered at the information desk. **It is your responsibility to get us your Stars ID #.**

**Registration** Your registration form must be accompanied by full payment (check, P.O., credit card). WSFCCA cannot be responsible for delays in processing. Written acknowledgement will be sent by email as soon as payment is processed.

**Payment Methods Check-** Mail payment with registration form payable to WSFCCA C/O Lori Hope 71403 Arena Rd. Richland, WA 99352. Checks returned for insufficient funds will be assessed a \$50.00 fee and will result in your registration not being processed until payment is received.

**Credit Cards** - To use a credit card for payment you will need to call Lorri Hope, 509-627-1692. Credit cards that do not clear the bank will result in your registration not being processed until payment is received.

There are no Refunds for this event. If you cannot attend, you may transfer your registration to someone else. Please make sure to check in at the conference under your name, as registered on your MERIT account.

**Driving Directions & Hotels**—Please visit the Washington State Family Child Care Association website [www.wsfcca.com](http://www.wsfcca.com)

#### Contact Information Registration

Lorri Hope, 509-627-1692 Email: [lorri.hope1@frontier.com](mailto:lorri.hope1@frontier.com)  
Chris Price, 425-774-9439 Email: [chrissplace@comcast.net](mailto:chrissplace@comcast.net)  
Pam Carino, 425-228-4634 Email: [p.carino@comcast.net](mailto:p.carino@comcast.net)

DEL offers cost reimbursement for trainings taken from state-approved trainers in Washington of \$150.00. You can apply once each year. You can do this through your own MERIT professional record.

## WSFCCA Silent Auction and Balloon Bust



WSFCCA would like to invite chapters and individual members to participate in our Biennial Conference silent auction on October 4th with Jeff A. Johnson in Renton, WA. This is a great fundraiser for chapters and individuals to make some money. At our last conference one of our members made over \$500.00 for items she submitted in the Ooey Gooey Conference! Participants will keep 75% of their auction bid and WSFCCA will receive 25% for selling it for them. If you are interested please let Pam Carino know how many items you will be submitting so that we have enough display tables.

Do you have any gently used toys or books that you no longer use? The Conference is in need of these items for the balloon bust. We would also greatly appreciate chapters and/or individuals to donate a basket/s for the balloon bust! Call Pam and she can set up a time to collect your items and give you a receipt for your tax deductible donation!

Phone: 425-228-4634

Email: [p.carino@comcast.net](mailto:p.carino@comcast.net)

## Great Summer Activities for Kids With ADHD

*Brain-boosting outdoor activities that don't feel like work*

Eleven percent of school-age children have received a diagnosis of ADHD, and one in every 50 kids has an autism spectrum disorder, according to the Centers for Disease Control and Prevention (CDC). If you have a child with one of these or another learning or behavioral issue, these final days of summer give you the perfect opportunity to get your kid away from the television and electronics and get him outside to play. Studies have shown that watching TV for extended periods of time slows brain activity and causes atrophy of muscles, thereby decreasing the amount of stimulation to the brain. As it is, children with ADHD often struggle with weakened spatial and visual skills, gross motor skills, balance and coordination, nonverbal communication, and overall concentration. These activities will help resolve these deficiencies in ways that are both skill-building and fun.

1. In a group setting, have your kids create something original -- a song, a rap, a dance, or a story. Work together and build off of one another's ideas. Children with ADHD are left-brain heavy, which means they automatically rely on analytics and numbers rather than descriptors and abstract ideas. Creative play helps widen their imaginative scope while also being social and interactive.
2. Mimicking games, such as "Simon Says" and "Red light, green light," are beneficial for right-brain development because they're nonverbal, physically active, and require periodically suppressing a response, which can be very difficult for children with ADHD. Succeeding in these games means working on several aspects that need improvement, especially in the areas of attention, concentration, and accurately interpreting social cues.
3. Working on art projects such as sculpting with clay or using hands or even feet to paint on a giant canvas is helpful because it can strengthen the abstract area of the right brain that needs developing.
4. Activities that involve jumping -- skateboarding, hopscotch, and playing with a Skip-It -- are excellent because they're cardiovascular and help build muscle tone. These exercises are also typically social, so they can help broaden your child's social skills and awareness. For hopscotch and Skip-It, kids can get their creative juices flowing by singing an original song together, along with the rhythm of the hops.
5. Playing on a Slip 'N Slide with friends, or participating in more complex water sports such as water skiing and surfing, combines physicality with social engagement while stimulating the vestibular inner ear, which prompts better balance. Playing "Marco Polo" at the pool is also helpful because it strengthens both spatial awareness and auditory skills while a child interacts with others.

## WSFCCA MEMBERSHIP APPLICATION 2013-2014

Name \_\_\_\_\_

Business Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

EMAIL \_\_\_\_\_

STARS ID \_\_\_\_\_

DATE APPLICATION SUBMITTED \_\_\_\_\_



*WSFCCA Memberships expire on  
September 30, 2014.*

*Accidental/Medical Insurance will  
expire at that time.*

*Mail in your application today or  
register and pay online [www.wsfcca.com](http://www.wsfcca.com)*

**CHECK ONE**

- FULL MEMBER (Holds a valid child care license)
- ASSOCIATE MEMBER (spouse, assistant, retired)
- AUXILARY (supporter)

**CHOOSE YOUR CHAPTER (SEE CHAPTER LIST PAGE 2)**

CHAPTER \_\_\_\_\_

DUES FOR THAT CHAPTER \$ \_\_\_\_\_

**ACCIDENTAL/MEDICAL INSURANCE (THIS IS NOT LIABILITY INSURANCE)**

\$25.00 FOR UP TO 12 CHILDREN APRIL 1, 2013—SEPT 30,2014

This Accidental Insurance is a secondary coverage to the parent's Insurance. It will pick up what the parent's insurance won't cover or all costs if there is no insurance. See [wsfcca.com](http://wsfcca.com) for more information and to read the Policy. Contact Lorri Hope immediately should an accident happen.

CHAPTER DUES \$ \_\_\_\_\_

ACCIDENTAL/MEDICAL \$ \_\_\_\_\_

TOTAL DUE \$ \_\_\_\_\_

Visit [wsfcca.com](http://wsfcca.com) to use PayPal and pay by credit card or

Mail Checks or Money Orders (PLEASE NO CASH)

CHECK NUMBER \_\_\_\_\_ \$25.00 NSF CHECK CHARGE

**Make checks payable to WSFCCA and mail to  
WSFCCA  
Lorri Hope Treasurer  
71403 Arena Rd, Richland, WA 99352**

## APLICACIÓN PARA MEMBRESIA DE WSFCCA

Nombre \_\_\_\_\_

Nombre de la Empresa \_\_\_\_\_

Dirección \_\_\_\_\_

Ciudad \_\_\_\_\_ Estado \_\_\_\_\_ Código Postal \_\_\_\_\_

Teléfono \_\_\_\_\_

Correo Electrónico \_\_\_\_\_

Número de STARS \_\_\_\_\_

### MARQUE UNO

MIEMBRO COMPLETO (posee una licencia de cuidado infantil válido)

MIEMBRO ASOCIADO (esposo(a), asistente, and jubilado)

AUXILIAR (partidario)

### ESCOJA SU CAPÍTULO (GRUPO) (VEA LA LISTA DEL CAPÍTULO EN LA PAGINA 2).

Nombre del Capítulo (Grupo) \_\_\_\_\_

LAS CUOTAS PARA ESE CAPÍTULO \$ \_\_\_\_\_

### SEGURO DE ACCIDENTE/MÉDICO (ESTO NO ES UN SEGURO DE RESPONSABILIDAD)

\$25 dólares por año hasta 12 niños (1 de April, 2013 - 30 de Septiembre, 2014)

Este seguro de accidente es una cobertura secundaria al seguro de los padres.

Cubrirá todo lo que el seguro de los padres no cubra o todos los gastos si no hay ningún otro seguro. Vea WSFCCA.com para mayor información y para leer la póliza. Póngase en contacto con Lorri Hope inmediatamente en caso de que ocurra un accidente.

COSTO POR CAPÍTULO \$ \_\_\_\_\_

ACCIDENTE/MÉDICO \$ \_\_\_\_\_

COSTO TOTAL \$ \_\_\_\_\_

Vaya a [wsfcca.com](http://wsfcca.com) use PayPal y pague con tarjeta de crédito

cheques o giros POR FAVOR NO ENVIE EFECTIVO.

NÚMERO DE CHEQUE \_\_\_\_\_

\$50 de tarifa por todo cheque sin fondo.

ESCRIBA EL CHEQUE A NOMBRE DE WSFCCA Y ENVÍELO A:

WSFCCA

Lorri Hope

71403 Arena Rd, Richland, WA 99352

**WSFCCA**  
Chapters

**Benton-Franklin**

Lorri 509-627-1692

**Columbia River-Vancouver**

Robin 360-574-5747

**Cowlitz**

Sandi 360-636-4289

**East King**

Wendy 206-898-0999

**Non Chapter**

Lorri 509-627-1692

**North Snohomish**

Lisa 360-653-7597

**Skagit**

Amber 360-826-4039

**Sky Valley**

Nancy 360-568-5377

**Snohomish**

Amber 360-659-2226

**South Snohomish**

Christine 425-774-9439

**Southwest King**

Suzanne 253-941-1118

**Thurston**

Carol 360-943-6858

**WSFCCA**  
Affiliate



<http://fccapc.org/>

## Important Numbers and Resources

**Licensing / Provider Line** 866-482-4325  
**www.del.wa.gov** 360-725-4665

**DEL**

Dr Bette Hyde, Director 360-725-4584  
Shannon Berquist, Asst to Director 360-725-4584  
Heather Moss, Deputy Director 360-725-4932  
Cheryl McGaughy, Assistant to  
Deputy Director 360-725-4391  
Mary Kay Quinlan, Statewide  
Licensing Administrator 360-407-1972

**DEL Service Managers**

Travis Hansen, Central Service Area Mgr 509-834-6840  
Robert Kerwin, Eastern Service Area Mgr 509-789-3833  
Heather West, NW Service Area Mgr 425-590-3102  
Cammy Rocco, SW Service Area Mgr 253-983-6413

**DEL Licensing Supervisors**

Spokane Karen Christense 509-789-3822  
Tri-Cities Debbie Groff 509-544-5707  
Wenatchee Judy Bunkelman 509-665-5291  
Yakima Maggie Mendoza 509-834-6841  
Bellevue Heather West 425-590-3102  
Everett John Allen 425-339-1763  
Seattle Pat Long 206-760-2462  
Kent Charling Chow 253-372-6043  
Tacoma Mike Monks 253-983-6410  
Leah Capili 253-983-6419  
Tumwater Elizabeth Egge 360-407-1991  
Vancouver Darcy Taylor 360-993-7938

**DEL Quality Practice & Professional Growth**

Juliet Morrison, Assistant Dir 360-725-4689  
Deborah Harris,  
MERIT Program Specialist 360-725-4396  
Wendy Loosley, Professional  
Development Coordinator 360-725-4523  
Char Goodreau, QRIS Admin 360-725-4691

Governor Jay Inslee 360-902-4111

Legislative Hotline 800-562-6000

Legislative Info Center 360-786-7573

Bill Room 360-786-7573

SEIU Member Support 877-734-8673

CARE, Sandi Clemans 360-423-2273

Small Business Medical/Dental 206-372-7811

Report Child/Adult Abuse 866-363-4276

866-ENDHARM

Subsidy Provider Line 800-394-4571

Working Connections 866-218-3244

# THE PROVIDER

WASHINGTON STATE FAMILY  
CHILD CARE ASSOCIATION



**WSFCCA THE PROVIDER**  
**13903 28th Drive SE**  
**Mill Creek, WA 98102**